

Table 2: Prevalence of Selected Stroke-Related Risk Factors among Adults, BRFSS 2005-2006

| | U.S. | | Georgia | | North Carolina | | | South Carolina | | | Florida | | |
|-------------------------------|---------------------------|-------------|---------------|-------------|----------------|---------------|-------------|----------------|---------------|-------------|-------------|---------------|-------------|
| Risk Factor/Condition | Median¹ | % | 95% CI | Rank | % | 95% CI | Rank | % | 95% CI | Rank | % | 95% CI | Rank |
| Current Smoking | 20.1 | 19.9 | 18.6-21.2 | 28 | 22.1 | 21.1-23.1 | 16 | 22.3 | 21.1-23.5 | 14 | 21.0 | 19.7-22.3 | 21 |
| Inadequate Physical Activity* | 50.9 | 58.0 | 56.1-59.9 | 6 | 57.9 | 56.8-59.0 | 7 | 54.7 | 53.3-56.1 | 12 | 54.7 | 53.1-56.3 | 11 |
| <5 Fruits & Vegetables/Day* | 76.8 | 76.8 | 75.2-78.4 | 26 | 77.5 | 76.7-78.3 | 20 | 78.8 | 77.7-79.9 | 12 | 73.8 | 72.4-75.2 | 40 |
| Obesity | 25.1 | 27.1 | 25.6-28.6 | 12 | 26.6 | 25.6-27.6 | 16 | 29.4 | 28.1-30.7 | 4 | 23.1 | 21.9-24.3 | 36 |
| Diagnosed Diabetes | 7.5 | 9.1 | 8.3-9.9 | 9 | 9.1 | 8.6-9.6 | 10 | 9.6 | 8.9-10.3 | 7 | 8.5 | 7.8-9.2 | 13 |
| Diagnosed Hypertension* | 25.5 | 26.5 | 25.0-28.0 | 19 | 29.2 | 28.3-30.1 | 8 | 31.4 | 30.2-32.6 | 2 | 27.7 | 26.4-29.0 | 13 |
| Diagnosed High Cholesterol* | 35.6 | 32.3 | 30.5-34.1 | 48 | 36.3 | 35.3-37.3 | 19 | 37.2 | 35.9-38.5 | 13 | 39.7 | 38.1-41.3 | 2 |
| Diagnosed Stroke | 2.6 | 3.0 | 2.5-3.5 | 12 | 3.0 | 2.7-3.3 | 13 | 3.0 | 2.6-3.4 | 14 | 3.3 | 2.9-3.7 | 8 |

¹Among all 50 states and Washington, D.C.

Rank: 1= highest, 51 = lowest

*Data are from 2005 (latest data available).

Data on current smoking, obesity, diagnosed diabetes, and diagnosed stroke are from 2006 (latest data available).